

## Is a Strengths-Based Approach a Good Fit for Me?

## MANAGER SELF-ASSESSMENT

**Objective:** Becoming a strengths-based leader is a journey of self-exploration. Complete this quick assessment to find out if a strengths-based approach is a good fit for you.

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Margaret Greenberg & Senia Maymin (McGraw-Hill, 2013).
www.ProfitFromThePositive.com
book@ProfitFromThePositive.com (email) 415-480-4190 (phone)



## 176 Appendix B

				Neither		
		Strongly		agree nor		Strongly
		disagree	Disagree	disagree	Agree	agree
				<b>g</b>	119111	- <b>3</b>
1.	I'm looking for					
	a quick fix to					
	improve results.					
2.	Realizing your					
	full potential					
	is more about					
	knowing your					
	weaknesses					
	than about					
	knowing your					
	strengths.					
3.	Employees are					
	more productive					
	when they					
	are closely					
	monitored by					
	their manager.					
4.	The future of					
	this company is					
	bleak.					
5.	I shouldn't have					
	to recognize					
	and encourage					
	people to do a					
	good job; that's					
	what they get					
	paid to do.					
6.	I don't have time					
	to develop my					
	people or team.					



		Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
7.	If employees					
	can't cut it					
	around here,					
	there are plenty					
	of other people					
	out there I can					
	recruit.					
8.	I focus on fixing					
	problems					
	and pay little					
	attention to					
	things that are					
	working well.					
9.	Getting along					
	with others					
	contributes					
	nothing to					
	achieving					
	results.					
	TOTAL					

## **Scoring Key**

• If most of your check marks are in the **first two columns**:

Bringing a strengths-based approach to your team or business is a great fit. In fact, in many ways you're probably already leading with this approach. In this book you will find additional ways to apply a strengths-based approach.

• If most of your check marks are in the **middle column**:

Bringing a strengths-based approach to your team or business may be a good fit. Perhaps you are new to managing or so busy that you haven't had the opportunity to

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explore how you want to lead others. You will find lots of practical tools and techniques in this book to help you.

• If most of your check marks are in the **last two columns**:

Bringing a strengths-based approach to your team or business is not advised unless you are open to making significant changes in the way you view your role and your employees. You picked up this book or maybe someone passed it along to you, and so you must be curious about what you might learn. Keep reading.